



Khang Pistol Trigger Proficiency Target

(Low ink version)

Calibrated - Print at 100% size, do not print using "fit to page"

Drill: 5 yards, 3 top circles, aim at X, 3 shots each, untimed. 9 Shots total

Scoring (Line breaks count):

- Competent - All within 3"
- Proficient - All within 2"
- Skilled - All within 1"
- Advanced - All within 1/2"



Instructions:

The *Khang Pistol Trigger Proficiency Target* is designed to maximize the training efficiency of a single sheet of paper. The top drill should be shot as a cold drill before beginning the range session as it does several things:

1. Gauge trigger control and sight alignment/picture proficiency.
2. Identify any equipment and sight/optic issues before the range session continues.
3. Forces shooter to focus on their fundamentals and allows that focus to carry them throughout the rest of the range session.

The top drill requires only 9 rounds and is broken up into 3 sections. This gives the shooter a chance to break concentration, refocus, and refine their mechanics for each subsequent target. The drill is untimed so the shooter should purposefully slow down and focus on their fundamentals. Typically shot groupings are noticeably improved by the 3rd target. The "Advanced" rating is purposefully difficult to push shooters to always strive for high standards of excellence. If you are able to achieve the advanced rating with little issue, try the drill at increased distances to prevent becoming complacent in training.

After finishing the top drill the bottom target should be clean enough to perform any other B8 drills. Drills such as The Test/10-10-10, Vicker's Devil Drill, or the 5 Yard Roundup can be completed on the B8 below.

The X RING version (Dark or low ink) is recommended for use since it makes it easier to focus aim on the center of the B8 during drills. A traditional B8 version is also available as well. A square aiming point is included for red dot pistols with a 10 yard zero. The philosophy is that concentrating on holdover or finding the center of the shaded B8 should not be a requirement of drills.

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- For standard sights, aim at the X for scoring.
- For RDS pistol with 10 yard zero, aim at the box to compensate for holdover on a 5 yard target and hit the X.
- Bottom B8 target can be used for a variety of drills. Search online for "NRA B8 drills" for ideas.

NRA B8 Target